

No School Daily Plan

TIME	ACTIVITY	IDEAS	TIPS
8AM	Breakfast	Cereal, Eggs, Toast, Yogurt, Cheese Stick	Let the kids be part of this and choose
9AM	Exercise	Yard play, kid friendly exercise or yoga video on YouTube	Get fresh air or do a video workout together
10AM	Educational	Books, educational videos on youtube, activity workbooks, school work	Your school will most likely have school work assigned soon
11AM	Free Play	Favorite toys,, video game, board game	Take out toys and games you haven't played in a while
12PM	Lunch	Sandwiches and chips,/yogurt, pizza, leftovers	Make a weekly schedule w/ the kids and/or let the kids help prepare lunch
1PM	Tidy Up and/or Quiet Time	Sweep, do dishes, vacuum, nap, ipad, TV, Books	Chores: create a chore chart Down time: everyone deserves this
2PM	Educational	Education Apps, Puzzles, Books, School Work, Etc	Your school will likely have school work assigned soon